What can make you feel uncomfortable or unsafe?

- Teasing or put downs
- Being threatened
- Hitting or punching
- Leaving you out
- Discrimination against you because of gender, race or disability
- Sexual harassment
- Racial harassment
- Feeling of being treated unfairly

What about if you have a grievance with an adult?

Sometimes you may feel uncomfortable or unsafe and an adult has made you feel this way. You can do something about this. You have the right to feel safe.

**Choices**

1. Approach adult and tell them how you feel.
2. If not resolved you can
3. Tell another adult, a teacher, parent, School Counsellor, Aboriginal Education Teacher, Deputy or the Principal. They can help you with a plan.
4. You might make a meeting time so you can tell the adult how you feel with another adult there with you. **Mediation.** or
5. The adult you told can be your advocate and discuss your grievance. or
6. Make another plan to make sure that the matter is resolved.
What is a Grievance?

It is when you feel that you have a problem with the way someone is treating you or making you feel uncomfortable.

You have a few choices. Choices you have when sorting out a grievance

A. Do nothing
- Ignore it
- Show it doesn't upset you

<table>
<thead>
<tr>
<th>Result?</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Stops satisfactorily</td>
<td>Doesn't stop</td>
<td>Go to B, C or D</td>
</tr>
</tbody>
</table>

B
Approach the person who is harassing you
- Give the person an 'I' statement

<table>
<thead>
<tr>
<th>Result?</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Behaviour stops satisfactorily</td>
<td>Behaviour doesn't stop</td>
<td>Go to C or D</td>
</tr>
</tbody>
</table>

C
Go to any SRC representative, teacher, the School Counsellor, your parents.
- Talk openly about the problem
- The teacher will not talk to others or take any other action without your permission.
- Make a plan with your helpers to deal with the problem and follow it through.

<table>
<thead>
<tr>
<th>Result?</th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Behaviour stops</td>
<td>Behaviour doesn't stop</td>
<td>Go to C or D</td>
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</tbody>
</table>

D - MEDIATION PROCESS

D
Go to Deputy or Principal
- Talk openly about problem
- Allow the Deputy or Principal to take suitable action to control the problem.